



# September 2010

Schoharie  
Elementary  
School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Welcome Back!</b>  Offered daily with lunch: Peanut Butter & Jelly Sandwich Low fat white, chocolate and strawberry milk, fat-free white milk; Fresh fruit – All sandwiches are made with Whole Wheat Bread/Rolls			<b>Ala Carte Items for Sale at Lunch:</b> Fresh Fruit \$.50 Milk \$.50 Baked Chips and Ice Cream \$.60 Bottled Water \$.50		3	4
5	6	7	8 SCS Pizza – Cheese OR Pepperoni Tossed Salad Strawberries w/Topping Fresh Fruit  <b>Kdg. Open House (pm)</b>  <b>4H Afterschool Program begins</b>  <b>BOE Mtg. 7 pm</b>	9 Hamburger/Bun OR Hotdog/Bun Potato Rounds Pasta Salad Watermelon Slice	10 Baked Chicken Tenders OR Chef Salad w/Dinner Roll Mashed Potatoes Fresh Veggies w/Dip Diced Apricots Fresh Fruit	11
12 <b>Custodial Worker Appreciation Week</b>	13 Rotini with Meatballs & Sauce OR Chicken Patty on Bun Tossed Salad Applesauce Fresh Fruit	14 Taco Salad OR Chicken Patty/Bun Seasoned Rice Corn Fresh Fruit  <b>EPTSO Mtg. 7 pm</b>	15 Breadstick Dunkers w/Sauce OR Pizza Tossed Salad Blueberry Crisp Fresh Fruit  <b>Fall Pictures</b>	16 Turkey & Cheese Sub OR Chicken Patty/Bun Baked Potato w/Topping Frozen Juice Bar Fresh Fruit	17 Macaroni & Cheese w/Roll OR Fish Square on Bun Cabbage Salad Pineapple Tidbits Fresh Fruit	18
19	20 Baked Mozzarella Cheese Sticks w/Italian Bread OR Chicken Patty/Bun Spaghetti & Sauce Tossed Salad Sliced Pears Fresh Fruit	21 Hawaiian Ham Sub OR Chicken Patty on Bun Broccoli w/Dip Sliced Peaches Fresh Fruit  <b>Elementary School Open House Gr. 1-6</b>	22 Pizzeria Round Pizza – Cheese OR Pepperoni Tossed Salad Diced Apricots Fresh Fruit  <b>BOE Mtg. 7 pm</b>	23 Chicken Tender Wrap (w/Shredded Cheese & lettuce) OR Chef Salad w/Roll Seasoned Rice Corn Watermelon Slice	24 Grilled Cheese Sandwich OR Turkey Sandwich Homemade Vegetable Soup Cherry Trail Mix Fresh Fruit  <b>Kdg. Ice Cream Social School Spirit Day</b>	25
26	27 Chicken Parmesan w/Pasta & Sauce OR Hamburger on Bun Tossed Salad Mixed Fruit Fresh Fruit	28 Ham & Cheese on Bagel OR Chicken Patty/Bun Veggies w/Dip Fruit Cup Fresh Fruit	29 SCS Pizza – Cheese OR Pepperoni Tossed Salad Baked Cherries w/Topping Fresh Fruit  <b>Fall Intramurals Begin (Gr. 4-5)</b>	30 Hotdog/Bun OR Chicken Patty/Bun Baked Beans Macaroni Salad Fresh Fruit  <b>Fall Intramurals Begin (Gr. 5-6)</b>	<b>Oct. 1</b> Brunch for Lunch French Toast Sticks w/Sausage Patty OR Egg & Cheese on English Muffin Hash Brown Patty Applesauce Fresh Fruit  <b>6<sup>th</sup> Gr. Pajama Day</b>	