

SEPTEMBER 2023

Schoharie CSD

High School Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Daily Alternative Options Include
Assorted Fruit Parfait w/Granola
Chef Salad
Turkey Bacon Wrap
Spicy or Traditional Chicken Patty Sandwich or Veggie Burger



4



5

Welcome Back!



6

Cheesy Breadsticks
w/Marinara Sauce
Steamed Broccoli
Assorted Fresh Fruit
NYS Milk

7

Crispy Chicken Sandwich
Seasoned Curly Fries
Fresh Veggie Cup w/Dip
Assorted Fruit
NYS Milk

8

Pepperoni or Cheese
Pizza
Steamed Mixed Veggie
Garden Salad
Assorted Fruit
NYS Milk

11

Bistro Cheeseburger
(plain, cheese or bacon)
Seasoned Curly Fries
Rainbow Pepper Sticks & Dip
Assorted Fruit
NYS Milk

12

Taco Salad
(taco meat & cheese over lettuce)
Salsa Cup & Sour Cream
Guacamole, Olives, Jalapenos
Yellow Corn & Assorted Fruit
NYS Milk

13

Crispy Chicken Tenders
with assorted dipping sauces
Corn Muffin
Fresh Veggie w/Hummus
Assorted Fruit
NYS Milk

14

Macaroni & Cheese
w/Buffalo Chicken
Steamed Broccoli
Fresh Grape Tomatoes
Assorted Fruit
NYS Milk

15

Pepperoni or Cheese
Pizza
Steamed Mixed Veggie
Caesar Salad
Assorted Fruit
NYS Milk

18

Philly Cheesesteak Sub
Baked Potato Chips
Peppers & Onions
Fresh Veggie Cup w/Dip
Assorted Fruit
NYS Milk

19

Chicken & Waffles
Chobani Yogurt Cup
Sweet Potato Wedges
Cucumber Slices
Fruit, Juice & Syrup Cup
NYS Milk

20

Double Hot Dog Day
Pasta Salad / String Cheese
Corn on the Cob
Baked Beans
Assorted Fruit
NYS Milk

21

Pineapple Teriyaki
Chicken w/Jasmine Rice
Mini Egg Roll
Stir Fry Vegetables
Assorted Fruit
NYS Milk

22

Pepperoni or Cheese
Pizza
Steamed Mixed Veggie
Garden Salad
Assorted Fruit
NYS Milk

25

Ham & Cheese
on a Pretzel Roll
Tomato Soup
Fresh Veggie Cup w/Dip
Assorted Fruit
NYS Milk

26

Chicken & Cheese
Quesadilla
Salsa Cup & Sour Cream
Mexican Street Corn
Assorted Fruit & Cookie
NYS Milk

27

Sampler Platter
(Assorted appetizer items)
Fresh Veggies with Hummus
Assorted Fruit
NYS Milk

28

Baked Potato Bar (pulled
chicken, queso sauce, bacon)
Steamed Broccoli
Assorted Fruit
Salsa & Sour Cream
NYS Milk

29

Pepperoni or Cheese
Pizza
Steamed Mixed Veggie
Garden Salad
Assorted Fruit
NYS Milk



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Menu is Available Daily Upon Request (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider

