October 13<sup>th</sup>-17<sup>th</sup> is National School Lunch Week Join us in Eating Global

Flavors!

## MENU

**9-12 LUNCH** 

Harvest of the MY Month FOOD DAYS OCTO
NY Apples
October 15<sup>th</sup>



Popcorn Chicken & Mashed Potato Bowl Yellow Corn Dinner Roll Baby Carrots w/Dip Macaroni & Cheese Bar 2 w/BBQ Chicken Breadstick & Broccoli Fresh Grape Tomatoes

Pizza Slice
(Cheese or Pepperoni)
Steamed Mixed Veggie
Caesar Side Salad

Crispy Chicken
Sandwich
Seasoned Waffle Fries
Roasted Broccoli or
Buffalo Cauliflower Bites

Taco Salad w/Chips
(meat, cheese & lettuce)
Salsa Cup & Sour Cream
Guacamole, Olives, Jalapenos
Yellow Corn & Rice Crispy

Crispy Chicken Tenders
with assorted dipping sauces
Tortellini Pasta Salad
Fresh Veggie w/Hummus
100% Juice Cup

Grilled Chicken Wrap (Buffalo or Caesar) French Fries Grape Tomatoes Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad

No School Columbus/ Indigenous Peoples Day Chicken Tinga Nachos
Salsa & Sour Cream
Guacamole, Olives, Jalapenos
Mexican Street Corn Salad
Mango Peach Applesauce

Beef Gyro w/Tzatziki
French Fries
FOOD DAYS
Tangy Ginger Edamame
Salad
Fresh NY Apple or Juice

Gen Tso Chicken
Fried Rice & Veg Egg Roll
Stir Fry Vegetables
Fortune Cookie

Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad

Rotini with Meat Sauce Garlic Texas Toast Seasoned Green Beans Warm Cinnamon Pears Pulled Pork on a Kaiser 21
Kettle Potato Chips
Creamy Coleslaw
Yellow Corn

Sampler Platter
(chick wings & mozz sticks)
Warm Garlic Knot
Fresh Veggies with Hummus

Crispy Chicken Tenders 23
with assorted dipping sauces
French Fries
Tomato & Cucumber Salad

Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad

Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Fresh Veggie w/Dip Chocolate Chip Cookie Buffalo Chicken Dip w/tortilla chips Carrot & Celery Sticks Yellow Corn 100% NY Apple Juice Carne Asada Bowl
(salsa, guacamole, sour cream)
Cilantro Lime Rice
Roasted Vegetable Medley
Black Beans

Tortellini Alfredo with Chicken Garlic Knot Roasted Broccoli Grape Tomatoes Pizza Slice
(Cheese or Pepperoni)
Steamed Mixed Veggie
Caesar Side Salad
Halloween Dirt Pudding Cup

**View Menus Online** 



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available. All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

