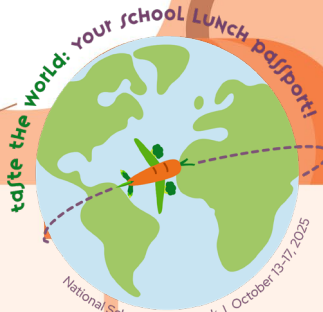


October 13th-17th is
National School Lunch Week
Join us in Eating Global
Flavors!



MENU

PK-5 LUNCH

Harvest of the
Month  **OCTOBER**
NY Apples
October 15th

		Mini Chicken Bites And Mozzarella Sticks Marinara Sauce Fresh Veggie with Dip	1	Macaroni & Cheese Corn Muffin Steamed Broccoli Fresh Grape Tomatoes Warm Cinnamon Pears	2	Cheese Pizza Assorted Veggie Choices Mango Peach Applesauce Cup	3
French Toast Sticks Turkey Sausage Links or Cheese Omelet Sweet Potato Tots NY Apple Juice & Syrup	6	Teriyaki Chicken Fried Rice & Dumplings Steamed Broccoli Fresh Grape Tomatoes Fortune Cookie	7	Crispy Chicken Sandwich Baked Potato Chips Yellow Corn Fresh Veggie w/Hummus	8	Rotini with Meat Sauce (beef) Garlic Breadstick Steamed Green Beans Baby Carrots	9
				Cheese Pizza Assorted Veggie Choices Strawberry Applesauce Cup	10		
No School Columbus/Indigenous Peoples Day	13	Chicken Tinga Quesadilla Salsa & Sour Cream Cowboy Caviar (Bean/Corn) Rainbow Pepper Sticks	14	Beef Lo Mein Noodles Steamed Broccoli Fresh Apples  Mini Rice Crispy Treat	15	Potato & Cheddar Pierogies Kielbasa Bites Peas & Carrots Fresh Grape Tomatoes	16
				Cheese Pizza Assorted Veggie Choices Blue Raspberry Applesauce Cup	17		
Ham & Cheese Croissant NY String Cheese Goldfish Crackers Steamed Green Beans	20	BBQ Chicken Herbed Rice Apple slices Yellow Corn	21	Cheesy Breadsticks with Marinara Sauce NY Yogurt Cup Fresh Veggie w/Hummus CherryMojito Slushie Cup	22	Tortellini Alfredo with Chicken Garlic Texas Toast Roasted Broccoli Fresh Grape Tomatoes	23
				Cheese Pizza Assorted Veggie Choices Cinnamon Applesauce Cup	24		
Cheeseburger Emoji French Fries Steamed Broccoli Choc Chip Cookie	27	Ultimate Nachos Salsa & Sour Cream Refried Bean Dip Yellow Corn Rainbow Pepper Sticks	28	Chicken Nuggets Warm Garlic Knot Mashed Potatoes Fresh Veggie with Dip	29	Macaroni & Cheese Corn Muffin Green Peas Fresh Grape Tomatoes Winter Berry Fruit Salad	30
				Cheese Pizza Fresh Veggie w/Dip Dirt & Worms Pudding Cup	31		

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

