



# MENU

## PK-8 LUNCH

Harvest of the  
Month  
**NY EGG**  
January 14<sup>th</sup>



JANUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			No School Holiday Break 1	No School Holiday Break 2
Chicken Nuggets Ranch Mashed Potatoes Steamed Peas & Carrots Cocoa Brownie Bar 5	Rotini with Meat Sauce Garlic Breadstick Steamed Broccoli Cucumbers & Tomatoes 6	Ultimate Nachos (taco meat & cheese) Salsa & Sour Cream Refried Beans Rainbow Pepper Sticks 7	Chicken & Waffles Baked Sweet Potato Bites Celery Sticks 100% Grape Juice Syrup Cup 8	Cheese Pizza Steamed Mixed Veggie Mango Peach Applesauce Cup 9
Chicken Nuggets Ranch Mashed Potatoes Steamed Peas & Carrots Cocoa Brownie Bar 12	BBQ Turkey Meatloaf Crinkle Fries Tomato & Cucumber Salad Chocolate Chip Cookie 13	Egg & Cheese Bagel Yogurt & Granola Home Fries Baby Carrots & Apple Juice Winter Berry Fruit Salad 14	Tortellini Alfredo with Chicken Garlic Bread Seasoned Green Beans Fresh Assorted Veggies 15	Personal Cheese Pizza Steamed Mixed Veggie Cinnamon Applesauce Cup 16
No School MLK Jr Day 19	Beef Hot Dogs Baked Lays Fresh Fruit & Vegetables NY String Cheese 20	Chicken Nuggets Warm Garlic Knot Cheesy Mashed Potatoes Fresh Veggie w/Hummus 21	Cherry Blossom Chicken Fried Rice Steamed Broccoli Grape Tomatoes Fortune Cookie 22	Cheese Pizza Steamed Mixed Veggie Blue Raspberry Applesauce Cup 23
Pizza Crunchers Steamed Broccoli Fresh Veggie w/Hummus Chocolate Scooby Doo Graham 26	Soft Tacos (Diced chicken, cheese, lettuce) Salsa & Sour Cream Corn & Bean Cowboy Caviar 27	Cheeseburger Sweet Potato Fries Rainbow Pepper Sticks Cinnamon Roasted Pears 28	Macaroni & Cheese Yogurt Cup & Granola Garlicy Green Beans Baby Carrots 29	French Bread Pizza Steamed Mixed Veggie Cherry Emoji Slush Cup 30

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Daily Offering  
Uncrustable Sandwiches  
Chef Salads  
Yogurt Kits  
Wraps

This institution is an equal opportunity employer.  
MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION  
BOCES**  
SHARED FOOD SERVICE PROGRAM



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