



MENU

MAY

9-12 LUNCH

School Lunch Superhero Day!

	CINCO de MAYO				Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad	1			
Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Fresh Veggie w/Hummus	4	Walking Taco (meat, cheese w/corn chips) Salsa Cup & Sour Cream Cowboy Caviar Mini Rice Crispy Treat	5	Brunch for Lunch Sunrise Carrot Waffles Sausage Links or Egg Bites Hashbrown Patty 100% Juice Cup & Syrup	6	Macaroni & Cheese Bar with Buffalo Chicken Garlic Bread Steamed Broccoli Cucumbers & Grape Tomato	7	Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad	8
Crispy Chicken Tenders with assorted dipping sauces Pesto Parmesan Rotini Seasoned Curly Fries Baby Carrots w/Hummus	11	Alaskan Pollock Po'boy Sandwich Chipotle Mashed Potatoes Steamed Carrots & Peas Fresh Orange Wedges & NY String Cheese	12	Gen Tso Chicken Fried Rice & Veg Egg Roll Stir Fry Vegetables or Steamed Broccoli Fortune Cookie	13	Pork Carnitas Tacos Salsa, Sour Cream & Guacamole Veggie Pinto Beans Mexican Street Corn Mango Peach Applesauce Cup	14	Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad	15
Crispy Chicken Sandwich Seasoned Waffle Fries Yogurt Cup with Granola Fresh Veggie w/Hummus	18	Crispy Chicken Wrap (plain, ranch or buffalo) Baked Potato Chips & Broccoli Tomato & Cucumber Salad Chocolate Chip Cookie	19	Harvest of the Month Rotini with Meat Sauce Warm Garlic Knot NY Roasted Asparagus Warm Cinnamon Pears	20	BYO Burrito Bowl w/Cilantro Lime Rice Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Black Beans	21	No School	22
No School Memorial Day	25	Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar NYS Apple Juice	26	Pulled Pork on a Kaiser Sweet Potato Wedges Crunchy Coleslaw Fresh Veggie w/Hummus	27	Teriyaki Chicken Street Noodles Steamed Broccoli Tangy Ginger Edamame Salad Cocoa Cherry Brownie Bar	28	Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad	29

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
SHARED FOOD SERVICE PROGRAM

