MENU

PK-8 LUNCH

Harvest of the Month
NY Dairy
November 18th

NOVEMBER

2 **Meatball Sub** Au Gratin Potatoes Roasted Broccoli Chocolate Chip Cookie	**3** **French Toast Sticks** Cheese Egg Bite or Turkey Sausage Links Sweet Potato Bites NY Apple Juice Cup & Syrup	**4** **Boneless Chicken Wing & Mozzarella Stick Basket** Crinkle Cut Fries Marinara Sauce Cup Veggie Cup/Side Salad	**5** **Macaroni & Cheese Chicken DrumStick** Garlic Breadstick Honey Ginger Green Beans Grape Tomatoes	**6** **Cheese Pizza** Steamed Yellow Corn Fresh Veggie w/ Hummus Cinnamon Applesauce Cup
9 **Early Dismissal Parent teacher Conference**	**10** **Early Dismissal Parent teacher Conference**	**11** **No School** Veterans Day	**12** **Cherry Blossom Chicken** Fried Rice Broccoli & Cucumbers Fortune Cookie	**13** **Cheese Pizza** NY Peas & Carrots Fresh Veggie w/Hummus Blue Raspberry Applesauce Cup
16 **Cheesy Breadsticks w/Marinara Sauce** Steamed Broccoli Rainbow Pepper Sticks Mini Rice Crispy Treat	**17** **Popcorn Chicken & Waffles** Emoji Fries Cucumber Slices Orange Juice & Syrup	**18** **Toasted Ham & Cheese Croissant** Tomato Soup Assorted Yogurt w/ Granola NYS String Cheese	**19** Thanksgiving @ School **Turkey & Gravy** Buttery Mashed Potatoes Dinner Roll, Green Beans, Craisins, Apple Crisp	**20** **Cheese Pizza** Pizza Green Beans Fresh Veggie w/ Hummus Mango Peach Applesauce Cup
23 **Crispy Chicken Tenders** w/ sauces Pesto Parmesan Pasta Yellow Corn Grape Tomatoes	**24** **Loaded Nachos** **(Turkey or Beef)** Tex Mex Black Beans Chili Roasted Sweet Potatoes Salsa Cup & Sour Cream NY Grape Slushie	**25** **No School** Thanksgiving Break	**26** **No School** Thanksgiving	**27** **No School** Thanksgiving Break
30 **Cheeseburger** Sweet Potato Wedges Rainbow Pepper Sticks Winter Berry Salad				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM



This institution is an equal opportunity provider.